



May Quarterly Meeting

May 24, 2023 | Kristy McCarron, Chairperson of the Commission



Welcome

Agenda

- Welcome and Introductions
- Recap of the Previous Commission Meeting
 - Approval of Minutes
- Discussion: School Meal Quality
 - Minneapolis Public Schools
 - DC Central Kitchen
- Comments from Commissioners on Current Work
- Final Discussion, Closeout and Priorities for Next Meeting



Recap of the Previous Commission Meeting

Kristy McCarron, Chairperson, Healthy Youth and Schools Commission

Recap of the Previous Commission Meeting

- March Quarterly Meeting
 - Date: Wednesday, March 22, 2023
 - Main topics covered:
 - Commissioner Welcome
 - Foundations of the Commission
 - Healthy Schools Act of 2010
 - 2023 Planning
 - Approval of minutes



School Meal Quality

Discussion

- What information is missing? What else do we need to know to make a recommendation to the DC Council about improving meal quality? Who else do we need to hear from to learn more?
- What are your recommendations to the DC Council to enhance school meals?



Commissioners' Current Work

Commissioners

Training Opportunity for Commissioners

Parliamentary Procedure (Robert's Rules) Training Portal

The Office of Open Government is reporting to us that it has launched its training portal on parliamentary procedure (Robert's Rules of Order). The Chair, the Secretary, and all other interested members of this public body who wish to improve their ability to run meetings fairly and efficiently, are invited to write to nicholas.weil@dc.gov with the request: "Please enroll me in The District of Columbia Robert's Rules of Order Training Portal."



Updates from OSSE

Tia Marie Brumsted, Assistant Superintendent, Health and Wellness

Food Allergy Awareness Week

- Last week, OSSE launched a campaign to acknowledge, educate and raise awareness about food allergies and anaphylaxis in schools.
- Schools engaged in daily themes and activities including:
 - A #TealTakeover celebrated on Tuesday by wearing teal, the color of food allergy awareness
 - A live webinar “Tips for Managing Food Allergies in the Cafeteria” for food service staff offered in English and Spanish
 - An opportunity to celebrate an #AllergyAlly at their school by sharing their stories via social media
- OSSE shared a [Media Kit for Schools](#) with tips to promote [Food Allergy Awareness Week](#) in their school community.

Menstrual Health Education Day

- [DC Menstrual Health Education Day](#) seeks to bring awareness to education requirements and strategies to improve menstrual health education and student access to period products in DC public and public charter schools.
- School leaders, health educators, school operations staff and youth are invited to a series of professional development sessions on May 30:
 - Menstrual Equity 101
 - DC Menstrual Health Education Standards Walkthrough
 - Deep Dive: Free Period Products Dispenser Poster
 - Office Hours
 - Youth Session
- OSSE shared the new supplemental health standards and other resources on our [website](#).





Final Discussion, Closeout and Priorities for Next Meeting

Commissioners

Upcoming Meeting Calendar

- Wednesday, July 12, 3-4:30 p.m.
- Wednesday, July 26, 3-4:30 p.m.

Upcoming Topics and Speakers for Meetings on Mental Health

- What type of information do you want to learn at this meeting that will help make informed recommendations to the DC Council?
 - Current caseloads for school social workers
 - Summary of the current landscape, including gaps and opportunities
 - Support for schools without community-based organization (CBO) clinicians
- What are questions you have for students about how they perceive mental health, violence and affiliated resources?
 - What are students' options when they experience or witness violence?
 - What supports would be most helpful to you and contribute most to you being able to engage in the learning environment?
 - What kind of mental health supports do you think are needed at your school? What is working well? What is missing? What are you most concerned about for your school community?