



# March Quarterly Meeting

March 22, 2023 | Kristy McCarron, Chairperson of the Commission



# Welcome

# Agenda

- Welcome and Introductions
- Commissioner Welcome
- Recap of the Previous Commission Meeting
  - Approval of Minutes
- Foundations of the Commission
  - Healthy Schools Act of 2010
  - Role of the Office of the State Superintendent of Education (OSSE)
- Update from OSSE
- Comments from Commissioners on Current Work
- Final Discussion, Closeout and Priorities for Next Meeting



# Commissioner Welcome

# Kristy McCarron

Kristy McCarron is the Vice President of Community Health and Wellness for the YMCA of Metropolitan Washington. In this role she oversees clinical integration, health programming and fitness operations. Kristy also sits on DC's Food Policy Council, and chairs the Nutrition and Health working group. She has a Masters in Public Health from Johns Hopkins Bloomberg School of Public Health.



# Diana Bruce

Diana Bruce is a nationally recognized school health leader, speaker and trainer who brings a unique approach advancing health and education equity through policy. For more than 25 years, she has advocated child and adolescent health, school health, reproductive health, HIV/STI prevention, sexuality education and LGBTQ advocacy, mostly through policy and program development at the local, state and federal levels. Diana is known for her method of pairing radical empathy with sound public policy to engage communities in working together to create “student-centered solutions.”

Diana is an expert at navigating Title IX, FERPA, HIPAA and Section 504 to ensure academic access for young people, and has participated in a number of amicus curiae briefs before federal courts on behalf of transgender students. She also advises K-12 schools on COVID-19 public health guidance to develop protocols and practices that could safely welcome staff and students back to school.

Diana Bruce founded her own consulting practice in 2019 to provide empathy-based, student-centered, policy development and training to schools and organizations, with a particular focus on advancing health and education equity. Through this work, she’s collaborated with clients both near and far, including The Rockefeller Foundation, DC Public Charter School Board, the School Based Health Alliance, the Centers for Disease Control and Prevention, The Centre for Public Impact, among other schools and community groups.

Diana works tirelessly to build collaborations with community partners to fill the gaps that left students without support, and transforms bureaucratic systems to increase access to health services and academic opportunities.

Raised on the U.S./Mexico border, Diana stayed home for college, earning a Bachelor’s in Journalism from the University of Texas at El Paso. Her policy expertise comes from experience as well as education. Diana holds a Master of Public Policy and Administration, with a concentration in Gender and Public Policy, from Columbia University.

When not advising schools and organizations, Diana teaches yoga from an equity framework and serves on the Boards of Directors of Planned Parenthood Metropolitan Washington and the Stonewall National Museum and Archives.



# Tia Marie Brumsted

Tia Marie Brumsted serves as the assistant superintendent of health and wellness for the DC Office of the State Superintendent of Education. She is a graduate of Spelman College and Smith College School for Social Work. Prior to joining OSSE, Tia Marie served as a school social worker and student wellness director in the public charter school and non-public sectors.

Tia Marie maintains a mental wellness practice providing integrative psychotherapy and mindfulness experiences for children, adolescents, and adults. As a licensed mental health professional, she has practiced for more than 18 years and supports her clients with achieving their goals while living a more fulfilling and meaningful life.

Tia Marie is supported by her loving husband and sons. She enjoys reading, listening to podcasts, and cuddling with her pup, Pedro.





# Kafui Doe

Dr. Kafui Doe is currently serves as the Family Health Bureau Chief within the Community Health Administration at District of Columbia's Department of Health (DC Health). Dr. Doe is responsible for providing leadership and oversight of the District of Columbia's comprehensive public health programming for family health matters (perinatal and infant health, early childhood health, school health, adolescent health). Dr. Doe serves as a subject matter expert on the public health topics under the Bureau's purview. Dr Doe reviews the quality of the District's system of care in support of bureau priorities, including quantitative and qualitative data, to ensure access, appropriateness, and effectiveness.

In her former role as the Child, Adolescent, and School Health Division Chief at DC Health. Dr. Doe oversaw matters related to cross-cutting programs and services that had District-wide impact on the health and safety of children, youth, and their families. These programs and services included but are not limited to teen pregnancy prevention, sexual violence prevention, school health services, school-based health centers, health education, etc.

Prior to DC Health, Dr. Doe served as the Director of Healthy Schools and Wellness Programs at the Office of the State Superintendent of Education. Dr. Doe oversaw matters related to the planning, administration, implementation, and evaluation of several federal and locally funded health and physical education programs, early childhood wellness, school health services, and environmental literacy programs at the state education agency level. In addition, Dr. Doe was responsible for developing, updating and disseminating program policies; directing program outreach; delivering training and technical assistance for schools, early childhood centers, and organizations; ensuring compliance with health and physical education standards; and supervising program staff assigned to health programs.

Dr. Doe received her Doctor of Education degree from the Johns Hopkins University specifically focusing on public-private partnerships and inter-organizational collaborations around school health, health education, and physical education. She received her Master of Public Health in Health Promotion and a Graduate Certificate in Public Health Communication and Marketing at the George Washington University, and her Bachelor of Arts in Community Health and Development from the University of California, Berkeley.





# Danielle Dooley

Danielle Dooley, MD, MPhil, is a general pediatrician and medical director of Community Affairs and Population Health in the Child Health Advocacy Institute at Children's National Hospital. Dr. Dooley's interests include school health, adolescent health, and caring for children who have immigrated. Prior to joining Children's National, she served as medical director of Adolescent Health Services and School-Based Health Centers for Unity Health Care.



# Noemie Durand

Noemie Durand (she/they) is a high school senior at BASIS DC. They plan to study psychology in college and pursue a career as a clinical and research psychologist. Noemie is the founder and CEO of Carna, a non-profit dedicated to providing easy access to mental wellness resources and information for teens. They have also been a youth peer educator and advocate at the Young Women's Project for three years teaching their peers about mental and sexual health. Noemie is currently leading a research project on LGBTQ+ youth mental health experiences in schools with the child psychology research organization Child Trends.



# Jenn Mampara

Jenn has dedicated her professional career to acting on her belief that food education has the power to build positive relationships with nutritious food and improve long-term health and environmental outcomes. She currently oversees FRESHFARM's FoodPrints program, which provides academically-connected, experiential food education for elementary school students through their grow-cook-eat-learn model. Under her direction, the FoodPrints program has grown from serving 200 students at one school to reaching more than 7,000 students at 20 DC public schools, and employs a staff of over 35 teachers and administrators in the District of Columbia. She led the creation of FRESHFARM's FoodPrints curriculum for preschool – 5th grade, which is a comprehensive, year-long food education curriculum aligned with DC and national standards and is utilized and recognized as a model by educators across the country. She also designed a partnership with DCPS school meals program that resulted in a 42% increase in students' consumption of vegetables, fruits and whole grains served in school cafeterias. She holds a master's degree in Nutrition Education from Teachers College, Columbia University and has over 25 years of teaching and food education experience at universities, elementary schools and in community settings.



# Marierose Mbinack

Dr. Marierose Mbinack has worked with District of Columbia Public Schools (DCPS) for over 20 years. After two decades as a health and physical education (HPE) instructor she transitioned to her role as the Manager of Health and Physical Education in the DCPS central office. In her current role, Dr. Mbinack designs and implements professional development experiences for teachers, teacher leaders, and school administrators to address content standards and implement research-based best practices within health and physical education.





# Taryn Morrissey

Taryn Morrissey is Professor of Public Policy at American University's School of Public Affairs. Her work focuses on examining and improving public policies for children and families, including early care and education, nutrition assistance, and paid family leave. She is co-author of *Cradle to Kindergarten: A new plan to combat inequality* (Russell Sage, 2017, 2021). Dr. Morrissey has held senior policy positions in the federal executive and legislative branches, including in the Office of Child Care and the Office of the Assistant Secretary for Planning and Evaluation (ASPE) at the U.S. Department of Health and Human Services. From 2008 to 2010, Dr. Morrissey served as Health Policy Advisor on the staff of the U.S. Senate Health, Education, Labor and Pensions (HELP) Committee, first for Chairman Edward Kennedy and then Chairman Tom Harkin, where she worked on the Affordable Care Act (ACA) and public health. She began her career in policy as a Society for Research in Child Development (SRCD) / American Association for the Advancement of Science (AAAS) Congressional Fellow. She received her Ph.D. in Developmental Psychology from Cornell University, and her B.S. from Tufts University.



# Charneta Scott

Charneta C. Scott, Ph.D. is a Ward 4 resident and serves as a Project Manager within the Prevention and Early Intervention Division of the Department of Behavioral Health. Within her portfolio is the expansion of school-based behavioral health services in the D.C. Public and Public Charter Schools. Dr. Scott also staffs the Coordinating Council on School Behavioral Health. She brings more than 36 years of experience providing social and psychological services for adults, children, and families. She has extensive experience in the work of school-based behavioral health.

Dr. Scott is a Licensed Psychologist and Certified Group Psychotherapist. She holds a doctorate degree in counseling psychology from Howard University, Washington, D.C. She obtained a master's degree in counseling psychology from Eastern New Mexico University, Portales, NM and a bachelor's degree in psychology from the University of Florida, Gainesville, Fl. She has taught courses in Introduction and Advanced Counseling, Community Counseling Practicum and Internship, and Research in Human Development at universities, including Johns Hopkins University, Trinity University, and Howard University.

Dr. Scott is an active member of the Rho Mu Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated and the Association of Black Psychologists. She is a frequent volunteer for parent presentations and student presentations on the topics of health and wellness to College Bound which serves more than 200 students from over 50 public schools in the Washington, D.C. area in an Academic Mentoring Program.



# Audrey Williams

Audrey Williams is the senior manager of intergovernmental relations with DC Public Charter School Board. She is responsible for maintaining strong relationships with DC agencies and partners and strengthening public charter schools' impact across District agencies and external stakeholders. She works with city agencies like the Department of Health (DC Health), Department of Behavioral Health (DBH), Department of Transportation (DDOT), Office of the State Superintendent of Education (OSSE) and universities to bring services to DC public charter schools. Ms. Williams also worked in telecommunications marketing at Verizon. She was a Congressional Fellow with Brookings Institution, working with U.S. Rep. Robert Andrews (D-NJ) and helping to rewrite legislation and negotiate on the member's behalf as part of the reauthorization of the Higher Education Act. She holds a Bachelor of Arts in Journalism from New York University and a Master of Science in Marketing from the University of Maryland Global Campus.







# Recap Previous Commission Meeting

Kristy McCarron, Chairperson, Healthy Youth and Schools Commission

# Recap Previous Commission Meeting

- May Quarterly Meeting

- Date: Wednesday, May 18, 2022
- Main topics covered:
  - Updates from the Office of the State Superintendent of Education (OSSE)
  - Immunization Attendance Policy
  - Coronavirus (COVID-19) Response, Recovery and Restoration
    - Mental Health and Educator Wellness
    - School Meals
    - Data and Trends Update from DC Health
    - Indoor Air Quality Program Report
- Approval of minutes



# Foundations of the Healthy Youth and Schools Commission

# Goals of this Meeting

- Establish a mutual understanding of the purpose and role of the Healthy Youth and Schools Commission
- Identify expectations for commissioner's contributions to the work of the Commission
- Identify areas of focus and goals for the rest of 2023



# The Healthy Schools Act of 2010

Caitlin Shauck, Policy Analyst, OSSE

# Background: Healthy Schools Act of 2010

- Ensures District of Columbia Public Schools (DCPS), public charter schools, and participating private schools are a healthy place for all students.
- Includes many health and nutrition requirements and funding streams for District schools and agencies, including:
  - Nutrition and food-sourcing standards, local reimbursements, and public disclosure requirements for meals;
  - Requirements for vending, fundraising, and prizes in schools;
  - Programs for promoting farm-to-school, locally grown, and sustainable agriculture practices;
  - Physical education and health education requirements and standards;
  - The Environmental Literacy and School Gardens Programs; and
  - The authority for OSSE to administer school health-related grants.
- Establishes the Healthy Youth and Schools Commission

# Purpose of the Healthy Youth and Schools Commission

**Advises the Mayor and the Council** on health, wellness, and nutritional issues concerning youth and schools in the District, including:

- (1) School meals;
- (2) Farm-to-school programs;
- (3) Physical activity and physical education;
- (4) Health education;
- (5) Environmental programs;
- (6) School gardens;
- (7) Sexual health programming;
- (8) Chronic disease prevention;
- (9) Emotional, social, and mental health services;
- (10) Substance abuse; and
- (11) Violence prevention.



# Functions of the Healthy Youth and Schools Commission

- 1) Advising on the operations of all District health, wellness, and nutrition programs;
- 2) Reviewing and advising on the best practices in health, wellness, and nutrition programs across the United States;
- 3) Recommending standards, or revisions to existing standards, concerning the health, wellness, and nutrition of youth and schools in the District;
- 4) Advising on the development of an ongoing program of public information and outreach programs on health, wellness, and nutrition;
- 5) Making recommendations on enhancing the collaborative relationship between the District government, the federal government, the University of the District of Columbia, local nonprofit organizations, colleges and universities, and the private sector in connection with health, wellness, and nutrition;
- 6) Identifying gaps in funding and services, or methods of expanding services to District residents;
- 7) Engaging students in improving health, wellness, and nutrition in schools; and
- 8) Participating in the selection process for any grants provided under the Healthy Schools Fund.

# Examples of Previous Work

- Physical Activity Subcommittee
  - Commissioner-led, with other public members
  - Met throughout the year to discuss ways to increase physical activity in school
- Healthy Students Amendment Act
  - Commission drafted proposed amendments to the Healthy Schools Act and submitted them to Council
  - Amendments were passed by Council, and included updates related to nutrition, physical education, and physical activity
- Healthy Schools Act Grant Applications
  - Supported OSSE in reviewing grant applications funded by the Healthy Schools Fund

# OSSE's Role

- OSSE shall provide administrative and technical support to the Commission as necessary.
- This work includes the following:
  - Supporting the Commission with developing meeting materials, including agendas and slide decks;
  - Reserving meeting locations;
  - Maintaining the Commission's page on OpenDC.

# Obligations of the Commission

## **Public Meetings**

- Meet at least four times each calendar year

## **Healthy Youth and Schools Commission Report**

- On or before November 30 of each year, the Commission shall submit to the Mayor and the Council a comprehensive report on the health, wellness, and nutrition of youth in the District. The report shall:
  - (1) explain the efforts made within the preceding year to improve health, wellness, and nutrition of youth and schools in the District;
  - (2) discuss the steps that other states have taken to address the health, wellness, and nutrition of youth in the District; and
  - (3) make recommendations about how to further improve the health, wellness, and nutrition of youth and schools in the District.

## **Triennial Review of Nutrition Requirements**

- The Commission shall review school nutrition and the requirements in the Healthy Schools Act at least every 3 years and recommend improvements to the Mayor and the Council.

# Commitments of Commissioners

## **Attendance**

- Unless excused by the Chairperson, any member who fails to attend 3 consecutive meetings shall be deemed to be removed from the Commission, creating a vacancy.
- Commissioners shall try their best to attend meetings in person. If a Commissioner cannot attend the meeting in person, a phone line will be made available for participation.

## **Subcommittees**

- The Commission may establish subcommittees as needed. Subcommittees may include persons who are not members of the Commission, provided that each subcommittee shall be chaired by a Commission member.

## **Healthy Schools Fund Grants**

- On a rotating basis, Commissioners shall participate in OSSE grant review process to award grants under the Healthy Schools Fund.

## **Healthy Youth and Schools Commission Report**

- Commissioners shall contribute to the creation of the report. The Chairperson, or their designated representative who shall be a member of the Commission, will coordinate the creation of the annual report.

## **Work Outside of Commission**

- Commissioners are encouraged to collaborate and work together outside of the Commission.



# 2023 Planning

Kristy McCarron, Chairperson, Healthy Youth and Schools Commission

# 2023 Commission Plans

1. Meetings will be in person, with the option to conference call in.
  2. Unless absolutely necessary, meetings will only be an hour long.
  3. A requirement of this commission is to submit a report to council by November 30<sup>th</sup>. To meet this deadline we will:
    1. Use each meeting to focus on a priority area: learn the status of that priority area, facilitate discussion, provide feedback and identify recommendations for next steps.
    2. After the meeting, we will further investigate the topic, and begin to put forth recommendations that will be used for the report.
- **What are your recommendations for this process?**
  - **Discussion about 2023 Meeting Schedule**



# 2023 Commissioner Feedback

## K-12 Curriculum to Support the Mental and Emotional Health Category of the Health Education Standard

I attended Council Oversight hearing this week, and two topics that many witnesses talked about were the lack of effective/sufficient mental health services and the quality of school meals. Many, many high school students from multiple high schools spoke about the need for more robust mental health services, and this just feels like something we cannot ignore.

I feel that Universal School Meals is important, but that far more important is improving the quality of these meals. If it continues to be a program that serves food that many children and their parents do not want to consume, then making meals free for everyone won't help improve child nutrition security. I think the Healthy Schools Act funds could go a long way towards supporting programs that connect the classroom to the cafeteria through experiential food education - and that fund projects to increase the capacity of cooks in our schools to prepare and serve fresh, whole, scratch-cooked meals.

I recommend the commission take a look at the focus of other planning councils (both those that commissioners sit on and others) to ensure this commission's time is focused on greatest areas of impact/advisement!

# 2023 Commission Plans: Focus areas

The following were selected for 2023 focus areas

- Emotional/social and mental health: 90%
- School meals: increasing their quality: 40%
- Vaccine Promotion: 30%

**Caitlin and I will begin identifying speakers for each of these focus areas. Do you have recommendations on who should be included?**



# The Office of the State Superintendent of Education

Tia Marie Brumsted, Assistant Superintendent of Health and Wellness, OSSE

# OSSE's Strategic Plan (2023-25)

**Our Vision:** DC learners of all ages and backgrounds are equipped with the knowledge and skills needed to pursue and thrive on the life path of their choice.

**Seven strategic priorities** will drive progress achieving our vision over the next three years.



**START  
EARLY**



**ADVANCE  
EXCELLENCE**



**ACHIEVE EQUITABLE  
OUTCOMES  
FOR ALL STUDENTS**



**BUILD  
FUTURES**



**FOSTER STUDENT  
AND STAFF  
WELL-BEING**



**CULTIVATE  
TEAM**



**REIMAGINE  
SYSTEMS**

# FOSTER STUDENT AND STAFF WELL-BEING

Unapologetically support the physical, mental, and social-emotional health of students and staff by promoting safe, welcoming, healthy and joyful learning environments.

## FOSTER STUDENT AND STAFF WELL-BEING INITIATIVES IN FOCUS

To implement the Foster Student and Staff Well-Being Priority over the next three years, we will:

**Align Health and Education Systems**

OSSE designs and implements systems of support for early childhood programs and schools on how to integrate essential components of the Whole School, Whole Community, Whole Child (WSCC) model.

**Invest in the Mental Health of Students and Staff**

OSSE expands trainings and supports provided to early childhood programs and schools on how to design and implement systems that promote mental health and wellness for students and staff.

**Launch a Citywide School Climate Survey**

OSSE designs and launches a program to collect and report school climate data via student, staff and family surveys in order to provide school leaders with vital data on the strengths and areas for improvement related to student and staff culture.

**Help Build Inclusive School Communities**

OSSE expands support offerings to schools on building positive student cultures and inclusive learning environments so that all students feel safe and welcome and part of the community.

**Reduce Chronic Absenteeism**

OSSE evaluates, coordinates and strengthens OSSE's existing data, policy and school-based supports and identifies aligned, high-impact new investments to help ensure all students are attending school on a regular basis and reduce chronic absenteeism.



Questions?



# Commissioners' Current Work

Commissioners



# Final Discussion, Closeout and Priorities for Next Meeting

Commissioners