

MEETING MINUTES

MINUTES UNANIMOUSLY ADOPTED AT THE COMMISSION MEETING ON July 12, 2023 VIDEO IS AVAILABLE UPON REQUEST (<u>CAITLIN.SHAUCK@DC.GOV</u>)

Healthy Youth and Schools Commission Meeting May 24, 2023 3-4:30 p.m.

This meeting summary serves as a review of the May 24, 2023 Healthy Youth and Schools Commission meeting held in a hybrid format. A recording is available upon request (Caitlin.Shauck@dc.gov). The purpose of the Healthy Youth and Schools Commission is to advise the Mayor and DC Council on health, wellness, and nutritional issues concerning youth and schools in the District of Columbia.

Commissioners who attended in person: Kristy McCarron, Jenn Mampara.

Commissioners who attended virtually: Kafui Doe, Danielle Dooley, Audrey Williams, Tia Marie Brumsted, Noémie Durand, Taryn Morrissey, Charneta Scott, Diana Bruce

Welcome and Introductions

• Chairperson Kristy McCarron called the meeting to order at 3:05 p.m.

Recap of the Previous Commission Meeting

- May 18, 2022 meeting minutes were approved. Motion: Kristy McCarron; Seconded: Jenn Mampara, all in favor.
- March 22, 2023 meeting minutes were approved. Motion: Kristy McCarron; Seconded: Jenn Mampara, all in favor.

School Meal Quality

- Bertrand A. Weber, Director of Culinary and Wellness Services at Minneapolis Public Schools, shared about their work to elevate the value and the quality of school meals in Minneapolis Public Schools.
- Amy Bachman, Director of Procurement and Sustainability and Samantha Reilly, Director of Contract Meals and Nutrition at DC Central Kitchen

presented on the programs at DC Central Kitchen and best practices to increase student engagement and participation in school meals.

Update from OSSE

- Commissioner Tia Brumsted recognized Lisvette García-Acosta for her work during OSSE's first Food Allergy Awareness Week.
- Commissioner Brumsted also shared information about the first DC Menstrual Health Education Day which is hosted by OSSE and will include a series of professional development sessions for the entire school community to learn about menstrual equity as well as the implementation of the legislation requiring menstrual health education standards and free menstrual products. Commissioner Brumsted gave a shout out to student intern Cady Carr and Commissioner Noémie Durand for leading the student summit and thanked Nigel Henley, E. Taylor Doctor and Lisvette García-Acosta for their hard work on this project.
- Commissioner Brumsted shared a farewell message for Elizabeth Leach, Director of Nutrition Programs who will be leaving OSSE in June after 7 years of service at OSSE and 11 at DC Government. Commissioner Brumsted shared best wishes in her new role as Director of Food and Nutrition Services for Montgomery County Public Schools.

Final Discussions, Closeout and Priorities for Next Meeting

- Caitlin Shauck shared dates of upcoming meeting dates on July 12 and July 26. Both will be held virtually and will focus on mental health. Dates were approved. Motion: Kristy McCarron, Seconded: Noémie Durand, all in favor.
- Chairperson McCarron asked commissioners to provide feedback on the type of information they want to hear about and what questions they have for students for the next meetings focused on mental health.
- Chairperson McCarron adjourned the meeting at 4:29 p.m.