

Request for Presentations

Serve DC – The Mayor's Office on Volunteerism is seeking proposals from presenters and speakers for our All Corps Member Conference, themed "A Better You. A Better Us." The Conference will take place on Monday, January 27, 2020. Each proposal should be for an hour long workshop.

Conference Background

The Corporation for National and Community Service (CNCS) is a federal agency that helps more than 5 million Americans improve the lives of their fellow citizens through service. CNCS is responsible for AmeriCorps state and national programs, AmeriCorps VISTA, Senior Corps, and more. Participants, called members, dedicate a year to making an impact, changing lives and strengthening communities. Members work hand-in-hand with local non-profit organizations and schools to tackle some of the most pressing challenges facing our community.

The All Corps Member Conference gives members an opportunity to learn, grow and connect. Please help make this a successful conference by submitting a dynamic proposal relevant to the AmeriCorps, VISTA and Senior Corps members.

Target Population

<u>AmeriCorps Members</u>: AmeriCorps Members are motivated to move communities forward. They are eager to learn and view the service year as a way to enter the workforce; acquire valuable work skills; earn money for education; and develop an appreciation for citizenship.

<u>Senior Corps Members</u>: 55+ years of age and serve in one of three programs: 1) Foster Grandparents, who serve as role models, mentors, and friends to children with exceptional needs; 2) RSVP, which is one of the largest volunteer networks in the nation for people 55 and over; and 3) Senior Companions, who provide assistance and friendship to adults who have difficulty with daily living tasks, such as shopping or paying bills.

Suggestions for topics

- Stress Management
- Financial Management
- Time Management
- Nutrition Education

- Connecting Service Skills to Job Skill
- Networking
- Low cost local resources
- Education Advocacy

- Fitness
- How to have a Difficult Conversation
- Active Shooter
- Cover Letter and Resume Building
- Attitudes in AmeriCorps
- Mindfulness
- Dealing with Ineffective Leadership
- Empowering Communities We Serve
- Trauma Coping Strategies

- How to use your Education Award
- Professionalism
- Life after AmeriCorps
- Career Coaching
- Classroom Management
- How to interact and engage with the Community

Proposals are due Friday, January 3, 2020

Email Jenny Kessler at jenny.kessler@dc.gov, with "Presentation Proposal" in the subject line.

Proposals need to include:

- 1. Your name, mailing address, daytime phone numbers, and e-mail address for each person presenting during the session.
- 2. Title of proposed session
- 3. A brief (no more than 50 word) description of the presentation
- 4. A brief bio of the presenter (150 words maximum)
- 5. Will you need any special equipment? If so please describe.
- 6. Please select a session time that works best with your schedule. You may select more than one: 11:00am 12:00pm: Breakout Sessions 1

2:00pm-3:00pm: Breakout Sessions 2

