



Healthy Youth and Schools Commission

February Quarterly Meeting

Feb. 20, 2020 | Jeff Travers, Chairman of the Commission



Welcome

Agenda

- Welcome and Introductions
- Swearing in of New Commissioners
- Recap of the Previous Commission Meeting
 - Approval of Minutes
- Update from OSSE
 - General Announcements
 - Environmental Literacy and Capital LEAF Programs
 - School Safety Omnibus Amendment Act of 2018 Resources
- Department of Behavioral Health Training for School Staff
- Immunizations Enforcement
- Updates from Strategic Plan Working Groups
- Comments from Commissioners on Current Work
- Closeout and Priorities for Next Meeting



Swearing in of New Commissioners

Mayor's Office of Talent and Appointments

New Commissioners

- Kafui Doe, EdD
 - Child, Adolescent & School Health Division Chief
 - DC Department of Health
- Raven Carter
 - IDEA Public Charter School
 - Class of 2020



Recap Previous Commission Meeting

Jeff Travers, Chairman, Healthy Youth and Schools Commission

Recap Previous Commission Meeting

- November Quarterly Meeting
 - Date: Wednesday, Nov. 20, 2019
 - Main topics covered:
 - Healthy Schools Act (HSA) Grants
 - Diet and Mental Health
 - Healthy Tots Wellness Grant
 - Approval of minutes



Update from OSSE

Heidi Schumacher, Assistant Superintendent, OSSE

Update from OSSE

- General Announcements
- Environmental Literacy and Capital LEAF Programs
- School Safety Omnibus Amendment Act of 2018 Resources

Environmental Literacy Program Updates

- Kick off for 2020 Environmental Literacy Plan was on Feb. 13
 - Working with required agency representatives and community stakeholders
 - Anticipate having a draft for public comment/commission review in May
- DC Environmental Film Festival: Our Planet, Our Future - DC Youth Films about Climate Change
 - March 14, 2020, 12 p.m., Carnegie Institution for Science (1530 P St. NW)
 - Five-year retrospective, project supported by OSSE for the last three years
 - Free tickets beginning Feb. 17: dceff.org (films usually sell out)

Capital LEAF Program Updates

- Contract awarded
- Selected schools for field test
 - Eight schools, mix of DCPS/Charter/Elementary/Middle/High

Confirmed

Marie Reed ES (Ward 1)
Key ES (Ward 3)
Capital City PCS (Ward 4)
Dunbar HS (Ward 5)
DC Bilingual PCS (Ward 5)

Pending

Hardy MS (Ward 2)
Cardozo EC (Ward 1)
Kimball ES (Ward 7)

School Safety Omnibus Amendment Act of 2018 (SSOAA)

- Funded via the fiscal year 2020 budget
- **Requirements of Schools and LEAs**
 - Requires schools to adopt and implement policies to prevent and address child sexual abuse by school staff and student-on-student acts of sexual harassment, sexual assault, and dating violence
 - Requires LEAs to more thoroughly investigate the employment history of potential employees
 - Prohibits schools and child development facilities from assisting an individual in gaining employment at another school or child development facility if the individual has committed an act of sexual abuse or misconduct against students or minors
- **Requirements of OSSE**
 - Requires OSSE to create model policies, provide a policy development resource list, and make training resources available
 - Amends the Healthy Schools Act of 2010 to require LEAs to provide instruction on consent, setting and respecting boundaries, and developing and maintaining healthy relationships
 - Requires OSSE to review the health education standards and make available a list of curricula or a curriculum guide for schools to meet the revised standards

Stakeholder Engagement

Eight Engagement Sessions

11 Community-
Based
Organizations

14 Local Education
Agencies and
Governing Bodies

Four Sister DC
Government
Agencies

Seven Parents

13 Students,
Representing
Seven Schools

Resources

School Safety Omnibus Amendment Act of 2018 (SSOAA)

[Student Sexual Abuse by School Staff](#) | [Student-on-Student Acts of Sexual Harassment, Sexual Assault, and Dating Violence](#) | [Health Education](#) | [Resources](#) | [Key Considerations](#) | [Acknowledgement](#)

The [School Safety Omnibus Amendment Act of 2018 \(SSOAA\)](#) requires schools to take steps to prevent and address student sexual abuse by school staff and student-on-student acts of sexual harassment, sexual assault, and dating violence. At the Office of the State Superintendent of Education (OSSE), the vision is to ensure children who matriculate through the District's schools of all ages and backgrounds are prepared to succeed in school and in life. SSOAA represents an opportunity and an obligation for OSSE and the District to ensure all schools take the necessary steps to ensure our schools are safe and free from sexual misconduct, while also ensuring that all students are supported with a positive social and emotional climate in which they can learn and thrive.

Below, please find the major requirements outlined in SSOAA related to preventing and addressing student sexual abuse by school staff, preventing and addressing student-on-student acts of sexual harassment, sexual assault, and dating violence, and providing health education to students.

[Student Sexual Abuse by School Staff](#)

To prevent and address student sexual abuse by school staff, schools shall:

- Adopt and implement a policy to prevent and address student sexual abuse by staff.
- Provide the policy to staff, parents/guardians, and, in a developmentally appropriate manner, students, and make the

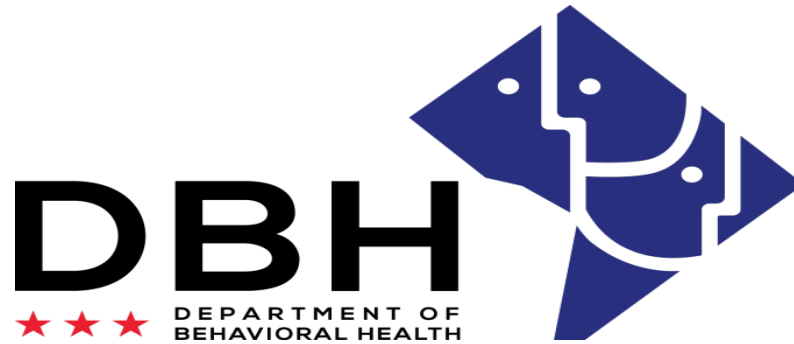
- Model Policy to Prevent and Address Student Sexual Abuse by School Staff
- Model Policy to Prevent and Address Student-on-Student Acts of Sexual Harassment, Sexual Assault, and Dating Violence
- Policy Development Resources
- Curricula Guide for Meeting DC Health Education Standards and SSOAA Requirements
- *Coming Soon: Adult Training Resources*



Department of Behavioral Health Training for School Staff

Charneta Scott, Department of Behavioral Health

Mandated Behavioral Health Training



Charneta C. Scott, Ph.D. Project
Manager

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Mandated Behavioral Health Training

- Through a mandate of the South Capitol Street Memorial Amendment Act of 2012, training modules were developed for Teachers and Administrators on signs and symptoms of mental health in youth and how to refer – The Middle School, High School, and How to Refer modules were launched in Fall, 2014 and the Elementary School module was launched in Spring, 2015. The Elementary School module was launched in the Child Development Centers during Summer, 2015. The At-Risk Pre-k launched in July, 2019.
- The Youth Suicide Prevention and School Climate Survey Amendment Act of 2016 added the training requirement of suicide postvention and the frequency of the overall behavior health training completion requirement of every 2 years for all of the required behavioral health topics which include the modules of at-risk, referral and suicide postvention.
- OSSE, DCPS, DCPCS, and DBH have ongoing collaboration to support compliance of schools with the behavioral health training mandate.

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District of Columbia Department of Behavioral Health

Background

- The Department of Behavioral Health (DBH) continues to provide the online behavioral health training through the portal: <http://www.supportdcyouth.com>
- New suicide prevention training baseline established across District: all teachers, administrators and staff in DCPS and DCPCS to complete three trainings within a two-year period, between 11/1/2016 – 11/30/2018.
- Three required simulations were:
 - --At Risk (Elementary, Middle or High School)
 - --Suicide Postvention
 - --Referral

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Highlights from Baseline

- Over 6,000 teachers and administrators completed required simulations, and more than 20,000 simulations were completed by this same segment of teachers/staff
- Teacher completion rates reached key milestones - 95% completion rate for DCPS and estimated 75% for PCS
- Survey results were overwhelmingly positive with statistically significant responses on all metrics, including preparedness and confidence measures; over 98% of learners said trainings were good to excellent.

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District of Columbia Department of Behavioral Health

DCPS Data 10.1.18 – 9.30.19

Count of Group	Column Labels				
Row Labels	Director	Other	Principal	Teacher	Grand Total
At-Risk for Early Childhood Educators		3		7	10
At-Risk for Elementary School Educators (L)	16	851	92	2587	3546
At-Risk for High School Educators	32	540	43	1148	1763
At-Risk for Middle School Educators	8	229	26	688	951
Referral Process - District of Columbia	48	1363	148	4104	5663
Resilient Together: Coping with Loss at School		2		11	13
Step In, Speak Up!	4	145	24	375	548
Suicide Postvention - The Role of the School Community After a Suicide	46	1348	149	4218	5761
Grand Total	154	4481	482	13138	18255

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District of Columbia Department of Behavioral Health

DCPS Data 10.1.19 – 1.15.20

Count of Group	Column Labels					
Row Labels	Director	Other	Principal	Teacher	(blank)	Grand Total
At-Risk for Early Childhood Educators	10	141	2	244		397
At-Risk for Elementary School Educators (L)	4	82	7	194		287
At-Risk for High School Educators	9	111	8	135		263
At-Risk for Middle School Educators	1	48	4	83		136
Referral Process - District of Columbia	17	244	21	464		746
Resilient Together: Coping with Loss at School	16	237	21	520		794
Step In, Speak Up!		17	3	39		59
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Grand Total	57	880	66	1679		2682

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District of Columbia Department of Behavioral Health

DCPCS Data 10.1.18 – 9.30.19

Count of Group	Column Labels					
Row Labels	Director	Other	Principal	Teacher	(blank)	Grand Total
At-Risk for Early Childhood Educators	1	21	1	49		72
At-Risk for Elementary School Educators (L)	25	248	24	660		957
At-Risk for High School Educators	27	155	12	294		488
At-Risk for Middle School Educators	18	147	13	312		490
Referral Process - District of Columbia	57	377	38	942		1414
Resilient Together: Coping with Loss at School	5	36	6	101		148
Step In, Speak Up!	7	45	3	101		156
Suicide Postvention - The Role of the School Community After a Suicide	44	332	30	844		1250
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Grand Total	184	1361	127	3303		4975

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District of Columbia Department of Behavioral Health

DCPCS Data 10.1.19 – 1.15.20

Count of Group	Column Labels					
Row Labels	Director	Other	Principal	Teacher	(blank)	Grand Total
At-Risk for Early Childhood Educators	8	91	2	144		245
At-Risk for Elementary School Educators (L)	2	48	6	71		127
At-Risk for High School Educators	8	81	2	58		149
At-Risk for Middle School Educators	1	34	1	36		72
Referral Process - District of Columbia	14	179	13	231		437
Resilient Together: Coping with Loss at School	13	162	11	247		433
Step In, Speak Up!		14	2	26		42
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Grand Total	46	609	37	813		1505

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District of Columbia Department of Behavioral Health

Next Steps

- Feedback on Scenarios of At-Risk modules
- Feedback on Referral Module
- Communication to Child Development Center Administrators

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District of Columbia Department of Behavioral Health



Immunizations Enforcement



Immunizations Law and Regulations

Caitlin Shauck, OSSE

Background and Introduction

- Healthy bodies and minds are the foundation of academic success.
- Immunizations are the best defense against some of the most serious and sometimes deadly infectious diseases.
- District law requires that schools verify immunization certification for all students as part of enrollment and attendance.
- A school shall not permit a student to attend more than 20 school days while the school does not have certification of immunization for that student.
- Public and public charter schools will implement the immunization attendance policy at the beginning of the 2020-21 school year.

Legal Background

- Immunization of School Students Act of 1979
 - Established standards for immunizing District students against preventable childhood diseases.
 - Requires schools to inform a responsible person (parent/guardian for children under 18 years old) when the school does not have the certification of immunization.
 - Schools are not permitted to allow a student to attend more than 20 school days while the school does not have certification of immunization or a medical or religious exemption.
- DC Municipal Regulations
 - Mandate that the Office of the State Superintendent of Education (OSSE), in coordination with District of Columbia Public Schools (DCPS), District of Columbia Public Charter Schools (PCS), and the Department of Health (DC Health), enforce immunization responsibilities for public school admission.



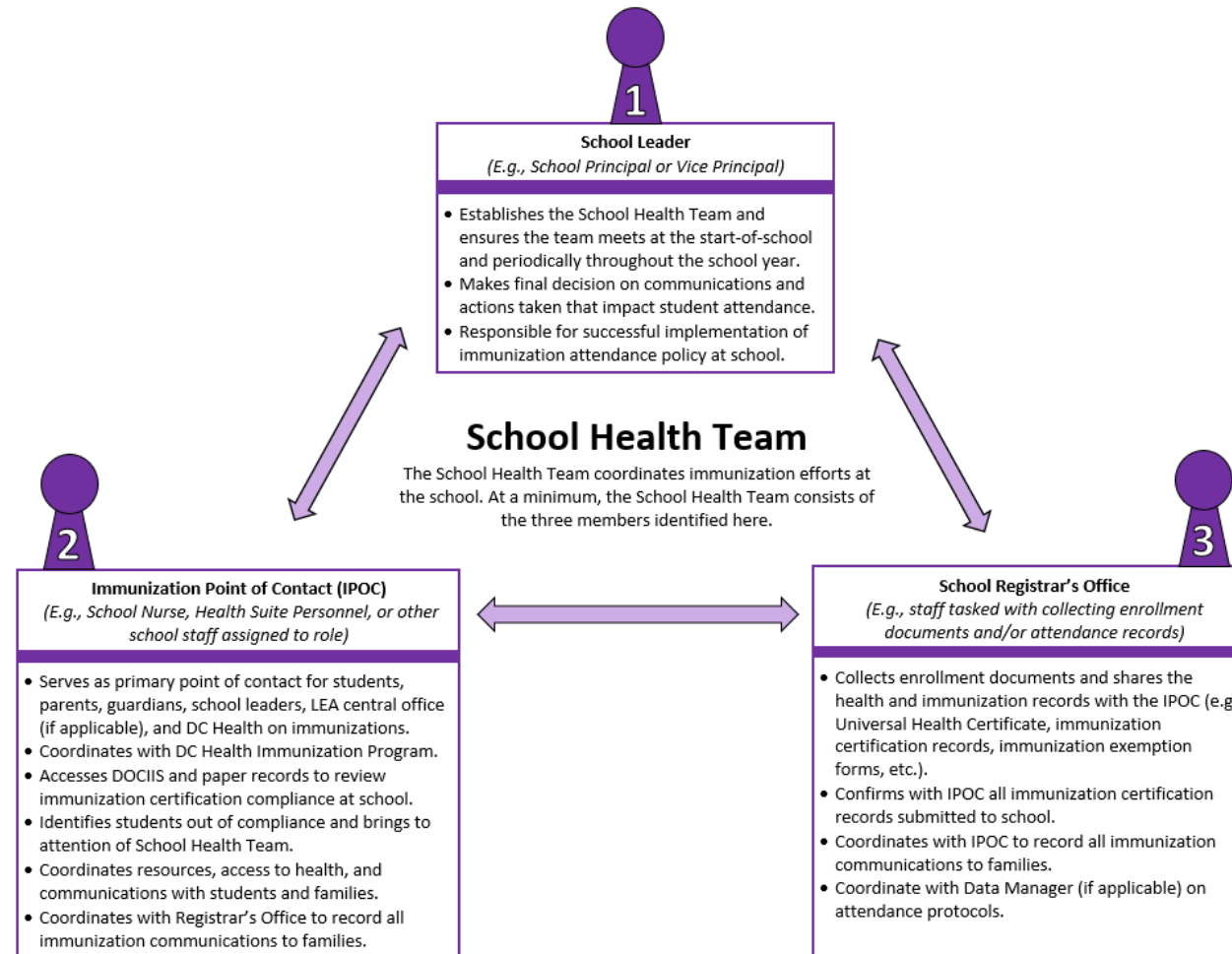
Immunizations Attendance Policy

Caitlin Shauck, OSSE

Immunization Attendance Policy: The Basics

- All students who have not yet attained the age of 26 by the start of school must submit immunization records.
- Starting the first day of the 2020-21 school year, parents will be informed that they have 20 school days to submit documentation (if they have not already).
- After 20 school days, a letter from the school leader will advise parents that the student cannot return to school until documentation is provided.
- Attendance for students who are removed from school based on immunization non-compliance will be coded as “unexcused absence – immunization.”
- When the student is permitted to return, those days will be recoded as “excused absence – immunization.”

Composition of a School Health Team



Composition of a School Health Team

School Leader

(E.g., School Principal or Vice Principal)

- Establishes the School Health Team and ensures the team meets at the start-of-school and periodically throughout the school year.
- Makes final decision on communications and actions taken that impact student attendance.
- Responsible for successful implementation of immunization attendance policy at school.

Composition of a School Health Team

Immunization Point of Contact (IPOC)

(E.g., School Nurse, Health Suite Personnel, or other school staff assigned to role)

- Serves as primary point of contact for students, parents, guardians, school leaders, LEA central office (if applicable), and DC Health on immunizations.
- Coordinates with DC Health Immunization Program.
- Accesses DOCHS and paper records to review immunization certification compliance at school.
- Identifies students out of compliance and brings to attention of School Health Team.
- Coordinates resources, access to health, and communications with students and families.
- Coordinates with Registrar's Office to record all immunization communications to families.

Composition of a School Health Team

School Registrar's Office

(E.g., staff tasked with collecting enrollment documents and/or attendance records)

- Collects enrollment documents and shares the health and immunization records with the IPOC (e.g. Universal Health Certificate, immunization certification records, immunization exemption forms, etc.).
- Confirms with IPOC all immunization certification records submitted to school.
- Coordinates with IPOC to record all immunization communications to families.
- Coordinate with Data Manager (if applicable) on attendance protocols.

Six Steps to Immunization Attendance Policy Implementation

Step 1: Establish School-Level Responsibilities and a School Health Team

- Designate an Immunization Point of Contact
- Assemble a School Health Team

Step 3: Conduct Frequent Reviews of School-level Immunization Certification Compliance

Step 5: Actions Taken for Non-Compliant Students after the 20 School Day Period Has Passed

- Remove Non-Compliant Student from Attendance until Certification is Obtained
- Use Unexcused Immunization Attendance Code
- Continue Outreach Efforts throughout Period of Unexcused Absence

Step 2: Disseminate Immunization Information to Families and Establish Communications Protocols

- Regularly Disseminate Information to All Families
- Establish Communication Record-Keeping Protocols

Step 4: Actions Taken for Non-Compliant Students Prior to Removal

- Double-Check Records to Ensure Certification Does Not Exist
- Send Initial and Subsequent Notifications to the Parent/ Guardian or Adult Student
- Send Final Notification to the Parent/ Guardian or Adult Student

Step 6: Actions Taken When a Student is Allowed to Return to School after Previously Being Removed

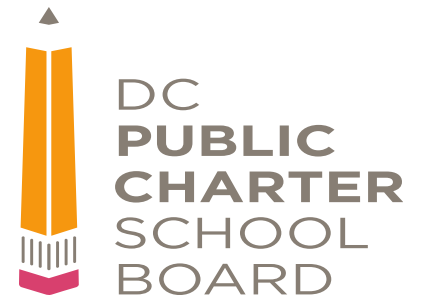
- Confirm Receipt of Immunization Certification
- Reclassify Absent Days to Excused Immunization Attendance Code



Family Outreach from Charter Schools

Audrey Williams, DC Public Charter School Board

DC PCSB SUPPORT FOR SCHOOLS ON IMMUNIZATION POLICY



Audrey Williams

DC PCSB Support for Schools

- DC Public Charter School Board will support schools in the following ways:
 - Hosted Community of Practice Training Feb. 19 for charter school registrars
 - May consider doing another training for registrars in late spring/early summer
 - Hosting a training session for the Charter Network – communications staff at schools – Feb. 26
 - Charter Leaders Meeting on March 18 – on the agenda to discuss immunization policy



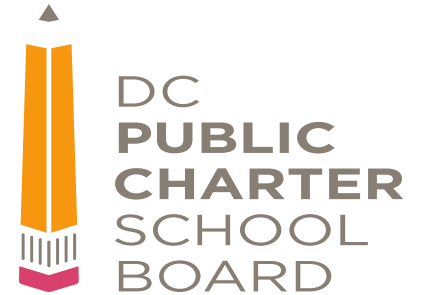
DC PCSB Support for Schools

- DC Public Charter School Board will support schools in the following ways:
 - We will have a page on our website with resources for schools and families
 - We will provide weekly reminders in our Wednesday Bulletin to schools
 - Information for enrollment packets
 - FAQs and One-pagers for families
 - Info on where to get immunizations
 - We will present to our parent group in March
 - Share reminders on social media



Contact Us

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Healthy Youth and Schools Commission Strategic Plan Update

Jeff Travers, Chairman, Healthy Youth and Schools
Commission



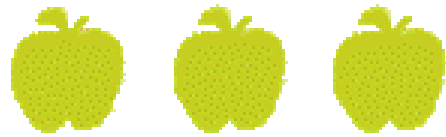
ACEs Working Group

Jeff Travers, Chairman, Healthy Youth and Schools
Commission



Nutrition Education and Meals Working Groups

Kristy McCarron, Commissioner, Healthy Youth and Schools Commission
Beverley Wheeler, Commissioner, Healthy Youth and Schools Commission



D.C. Hunger Solutions

Ending hunger in the nation's capital

Nutrition Updates

Thursday, February 20, 2020

Beverley R. Wheeler, Ed.D.
Director
D.C. Hunger Solutions

USDA Proposed Rule – School Meals

- School meals should be consistent with the Dietary Guidelines for Americans
- This proposed rule builds upon the December 2018 rule which weakened whole grain, milk, and sodium standards, and illustrates the Trump administration's efforts to dismantle key components of nutrition
- Public comment period ends Monday, March 23.
Link to Federal Registrar: <https://bit.ly/2Ulox0w>

USDA Proposed Rule – School Meals

Proposed Changes

- Schools that serve breakfast outside of the cafeteria (e.g., Grab & Go, Breakfast in the Classroom), can go from serving 1 cup to ½ cup fruit.
- Schools can reduce the amount of red and orange vegetables served at lunch, making even more servings of starchy vegetables (e.g., potatoes) allowable through the week.
- The current standards have specific calorie ranges for different age groups. The proposed rule would allow schools with combined age ranges to serve one or two calorie ranges.
 - Example: A K-8 school can choose to serve a K-5 meal pattern **or** a 6-8 meal pattern to all students.
- Creates loophole which allows more pizza, hamburgers, and other foods that are high in calories and saturated fat or sodium to be sold a la carte (sold separately from foods included in the federal school meals programs).

USDA Proposed Rule – School Meals

Effects on D.C. Schools

- Public and public charter schools are required to follow both federal and local legislation including the Healthy Schools Act (HSA).
- Currently, all public and public charter schools follow the HSA and receive the HSA reimbursements.

USDA Proposed Rule – School Meals

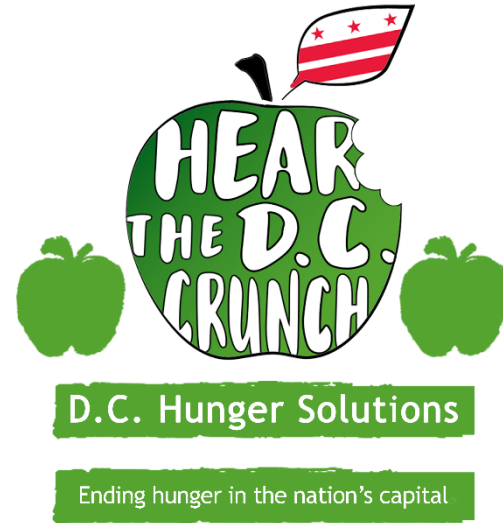
Effects on D.C. Schools

- Highlights from the HSA Nutrition Standards:
 - Maintains sodium reduction targets from the 2010 Healthy Hunger-Free Kids Act
 - All milk shall be unflavored
 - All grain products shall be whole-grain rich (at least 50 percent whole grains)
 - Fewer than 10 percent of total calories from saturated fat
 - Zero trans fat
 - Schools must provide a rotating vegetarian food option as the main course for breakfast and lunch every day at all grade levels

USDA Proposed Rule – Summer Meals

- Last year, USDA rescinded multiple state waivers for the Summer Food Service Program. State agencies (including OSSE) were able to apply for state-wide waivers on behalf of their sponsors.
- The current proposed rule will put flexibilities addressed by the waivers through the official rule-making process.
- The flexibilities are generally positive and make administrative improvements to the program.
- DCHS will be writing a detailed comment outlining the areas of improvement/concern to submit.
- OSSE will need to submit state-wide waivers again for Summer 2020.

Hear the Crunch



Thursday, March 5, 2020

Learn more, sign-up, and request stickers at
www.dchunger.org





Data Working Group

Bill Dietz, Commissioner, Healthy Youth and Schools
Commission



Commissioners' Current Work

Commissioners



Closeout and Priorities for Next Meeting

Jeff Travers, Chairman, Healthy Youth and Schools
Commission