



Healthy Youth and Schools Commission

October Quarterly Meeting

Quarterly Commission Meeting
Oct. 18, 2017

Jeff Travers
Chairman of the Commission



Welcome



Agenda

- **Welcome and Introductions**
- **New Healthy Youth and Schools Commissioners**
 - Introductions and Swearing-In
- **Recap the Previous Commission Meeting**
 - Approve Minutes
- **Update from OSSE**
- **Priorities for the Upcoming Year**
 - Annual Council Report (Due Nov. 30)
 - Review Dates for the Quarterly Meetings
 - Commissioners Responsibilities
- **Presentation by Dr. Danielle Dooley**
 - Well Child Visits from the Perspective of the Pediatrician's Office
- **Healthy Schools Act Legislation**
 - Fiscal Year 2018 Budget Support Act of 2017
 - Healthy Students Amendment Act of 2017
 - Universal Free Lunch for All Amendment Act of 2017



New Healthy Youth and Schools Commissioners

Steven Walker, Director

Mayor's Office of Talent and Appointments

Kyle Flood, Policy Analyst

Office of the State Superintendent of Education



Introductions and Swearing-In

- Welcome New Commission Members!
 - Lauren Polite (Student Member)
 - Dr. Danielle Dooley (Public Member)
 - Dr. Taryn Morrissey (Public Member)
 - Dr. Heidi Schumacher (OSSE Member)
 - Robin Diggs (DOH Member)





Thank you for your service on
the Commission

Lauren Biel



Healthy Youth &
Schools Commission



Recap Previous Commission Meeting

Kyle Flood, Policy Analyst

Office of the State Superintendent of Education



Recap Previous Commission Meeting

- May Quarterly Meeting
 - Date: Wednesday, May 24, 2017
 - Chair: Bill Dietz
 - Subject Matter: School Based Mental and Behavioral Health
- Approval of Minutes



Update from OSSE

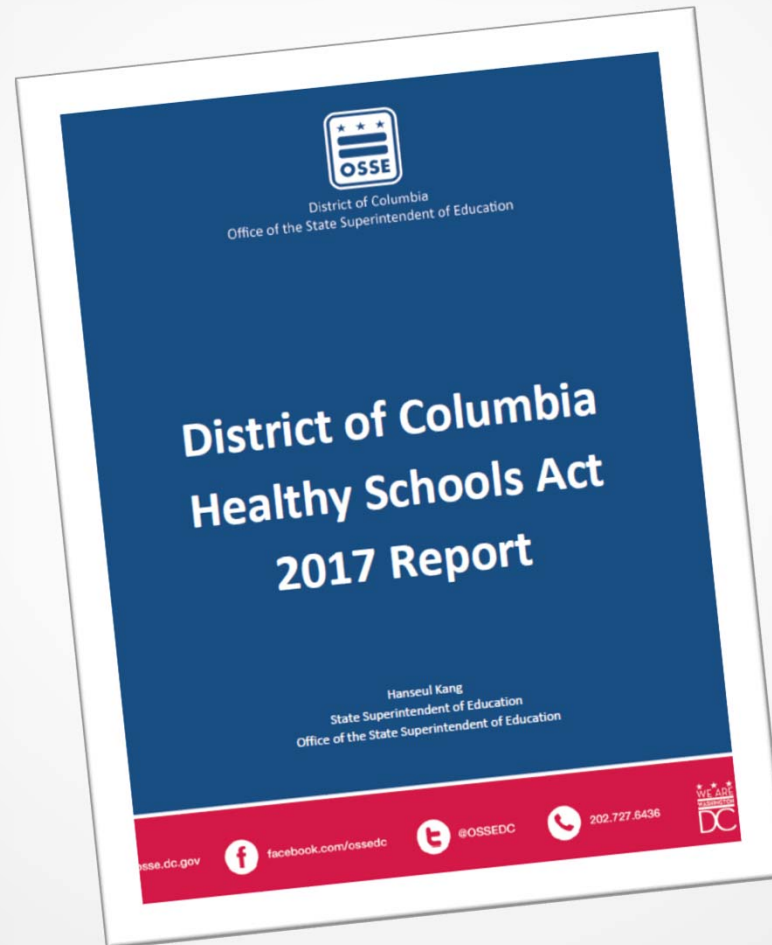
Kyle Flood, Policy Analyst

Office of the State Superintendent of Education



Update from OSSE

- ***2017 Healthy Schools Act Report*** now available!



The report will be available on the OSSE website soon!



Other OSSE Updates



Priorities for the Upcoming Year

Jeff Travers, Chairman

Healthy Youth and Schools Commission



Priorities for Upcoming Year

- Annual Commission Report to DC Council
 - Due Nov. 30
- Review Dates for the Quarterly Meetings
 - Minimum of Four Annual Meetings
- Commissioner Responsibilities
 - Open Meetings Act
 - Email Usage
 - Grant Review Assistance



Well Child Visits from the Perspective of the Pediatrician's Office

Dr. Danielle Dooley, Commissioner

Medical Director, Community Affairs and Population
Health, Child Health Advocacy Institute, Children's
National Health System



Healthy Schools Act Legislation

Yair Inspektor, Director of Policy and Planning
Office of the State Superintendent of Education
Kyle Flood, Policy Analyst
Office of the State Superintendent of Education



Healthy Schools Act Legislation

- Three pieces of DC Council legislation impact the Healthy Schools Act:
 - **Fiscal Year 2018 Budget Support Act of 2017**
 - Enacted
 - **Healthy Students Amendment Act of 2017**
 - Under Council Review
 - **Universal Free Lunch for All Amendment Act of 2017**
 - Under Council Review



Healthy Schools Act Legislation

- The following slides provide a section-by-section drill down of significant proposed changes to the Healthy Schools Act.
- A hearing on the **Healthy Students Amendment Act of 2017** is scheduled for Nov. 16, 2017, 11a.m. at the John A. Wilson Building (Hearing Room 412).



Section 101: Definitions

- **Fiscal Year 2018 Budget Support Act of 2017**
 - Added definition for *formula grant process*. --Section 101(1)
- **Healthy Students Amendment Act of 2017**
 - Proposes to add definitions for *alternative serving model, breakfast after the bell, breakfast in the classroom, Good Food Purchasing Program (GFPP), health education, physical activity, and physical education*. Amending the definition of *sustainable agriculture*. --Section 101(1-10)



Section 102: Establishment of the Healthy Schools Fund

- **Fiscal Year 2018 Budget Support Act of 2017**
 - Added \$400,000 one-time funds to be used in FY18 for nutrition education grants and cafeteria grants (kitchen equipment and training sessions for cafeteria workers on cooking skills and nutrition). – *Sections 102(c)(9-10) and 102(f)(2)*
- **Healthy Students Amendment Act of 2017**
 - Proposes removing \$.10 per-meal reimbursement for lunch and add \$.10 per-meal reimbursement for breakfast meals that meet HSA requirements (for a total of \$.00 reimbursement for lunch and \$.20 reimbursement for breakfast). – *Section 102(c)(1)*



Section 102: Establishment of the Healthy Schools Fund

- **Healthy Students Amendment Act of 2017**
 - Proposes removing \$7 one-time per-student subsidy for schools offering breakfast in the classroom, adding \$2 annual per-student subsidy for schools offering breakfast in the classroom with 40 percent or more of students qualifying for free and reduced-price meals. –*Section 102(c)(4)*



Section 201: General Goals and Standards

- **Healthy Students Amendment Act of 2017**
 - Proposes to require schools to serve vegetarian food options each week. *–Section 201(a)*
 - Proposes to strongly encourage schools to procure food in a manner consistent with the Good Food Purchasing Program’s core values. *–Section 201(b)*



Section 202: Nutritional Standards for School Meals

- **Healthy Students Amendment Act of 2017**
 - Proposes to amend sodium level requirements for meals
Section 202(b)(1)
 - Breakfast meals beginning school year 2017-18:
 - Less than 485 milligrams for grades K-5
 - Less than 535 milligrams for grades 6-8
 - Less than 570 milligrams for grades 9-12
 - Lunch meals beginning school year 2017-18:
 - Less than 935 milligrams for grades K-5
 - Less than 1,035 milligrams for grades 6-8
 - Less than 1,080 milligrams for grades 9-12



Section 202: Nutritional Standards for School Meals

- **Healthy Students Amendment Act of 2017**
 - Proposes to amend sodium level requirements for meals
Section 202(b)(1)
 - Breakfast meals beginning school year 2022-23:
 - Less than 430 milligrams for grades K-5
 - Less than 470 milligrams for grades 6-8
 - Less than 500 milligrams for grades 9-12
 - Lunch meals beginning school year 2022-23:
 - Less than 640 milligrams for grades K-5
 - Less than 710 milligrams for grades 6-8
 - Less than 740 milligrams for grades 9-12



Section 202: Nutritional Standards for School Meals

- **Healthy Students Amendment Act of 2017**
 - Proposes to add new nutrition requirements for meals:
 - Milk shall not contain added sweeteners or artificial flavorings. *–Section 202(1A)(A)*
 - Grain products shall be 100 percent whole grain-rich. *–Section 202(1A)(B)(i)*
 - “Whole grain-rich” means that the product is 100 percent whole grain or contains a blend of whole-grain meal and/or flour and enriched meal and/or flour of which at least 50 percent is whole grain, and that meets any other relevant requirements for whole grain-rich products established by the USDA. *–Section 202(1A)(B)(ii)*



Section 203: Additional Requirement for Public Schools

- **Universal Free Lunch for All Amendment Act of 2017**
 - Proposes that all schools shall offer free lunch to all students.
 - *Section 203(a-1)*
- **Healthy Students Amendment Act of 2017**
 - Proposes to add requirement that all schools with 40 percent of students who qualify for free and reduced-price meals shall offer breakfast after the bell and maintain that elementary schools shall offer breakfast in the classroom, and middle and high schools shall offer breakfast alternative serving models (excluding schools with 75 percent or more breakfast participation rate). *–Section 203(2)(A-C)*



Section 203: Additional Requirement for Public Schools

- **Healthy Students Amendment Act of 2017**
 - Proposes to add requirement that OSSE grant a waiver to schools required to serve breakfast in the classroom for one semester of one school year if the school submits a written action plan to OSSE showing a strategy to pilot an alternate serving model that will enable the school to reach 75 percent breakfast participation. *–Section 203(3)*



Section 204: Central Kitchen

- **Healthy Students Amendment Act of 2017**
 - Proposes to add requirement that by May 1, 2018, OSSE shall submit a report to the mayor and DC Council describing best practices for developing a central kitchen facility in the District and based on these findings the mayor's office shall establish the central kitchen facility within three years.
–Section 204(a-d)



Section 205: Public Disclosure

- **Healthy Students Amendment Act of 2017**
 - Proposes that food service providers shall provide the name of the farm of origin or location where fruits and vegetables, milk and dairy, meat and poultry, seafood, and grains served in schools are grown and processed and whether the growers are engaged in sustainable agriculture practices. –*Section 205(a)(4)*



Section 208: Free Summer Meals Program Study

- **Healthy Students Amendment Act of 2017**
 - Proposes requirement that OSSE and Department of Parks and Recreation shall submit a joint study to the mayor and DC Council on Jan. 1, 2018 regarding strategies for increasing participation in the DC Free Summer Meals Program. *–Section 208*



Section 301b: Good Food Purchasing Program (GFPP)

- **Healthy Students Amendment Act of 2017**
 - Proposes requirement that before December 31, 2017, DCPS shall conduct a GFPP baseline assessment to determine how it can better meet the GFPP core values. Before December 31, 2019, DCPS shall use findings from the assessment to increase food procurement consistent with the GFPP and complete a follow up assessment to demonstrate progress toward GFPP core values.
–Section 301b(a-b)



Section 401: Physical Activity Goals

- **Healthy Students Amendment Act of 2017**
 - Proposes addition of before-school and after-school activities, shared use agreements, physical activity during classroom instructional breaks, and physical activity as a reward for students to the list of ways schools can maximize physical activity. *–Section 401(c)(1-8)*



Section 402: Physical and Health Education Requirements

- **Healthy Students Amendment Act of 2017**
 - Proposes to amend requirement so that schools strive to schedule physical education classes for all students on a weekly basis throughout the full school year as follows:
 - 150 minutes of physical education per week for grades K-5
 - 225 minutes of physical education per week for grades 6-8
 - Proposes that a school shall submit an action plan (detailing efforts to increase the time) to OSSE before the beginning of the following school year if that school offers:
 - less than 100 minutes per week of physical education for grades K-5
 - less than 150 minutes per week of physical education for grades 6-8 *–Section 402(a)(1-2)*



Section 402: Physical and Health Education Requirements

- **Healthy Students Amendment Act of 2017**
 - Proposes to amend requirement that at least 50 percent of physical education class time shall be devoted to moderate-to-vigorous physical activity. *–Section (402)(a)(3)*



Section 402b: Physical Activity Requirements for Pre-K3 and Pre-K4

- **Healthy Students Amendment Act of 2017**
 - Proposes to add requirement that schools shall provide 60 minutes of moderate-to-vigorous physical activity per day for pre-K3 and pre-K4, with a goal of 90 minutes of physical activity, and provide at least two 20-minute sessions of outdoor physical activity per day, weather and space permitting. *–Section 402b(1-3)*



Section 601: Local Wellness Policies

- **Healthy Students Amendment Act of 2017**
 - Proposes to grant OSSE the authority to deem a school ineligible for HSA grants if the school has a local wellness policy that does not conform to the standards or is found not to comply with its local wellness policy. *–Section 601(d)*



Section 701: Establishment of the Healthy Youth and Schools Commission

- **Healthy Students Amendment Act of 2017**
 - Proposes to add requirement that on a rotating basis, one Commissioner shall participate in OSSE’s grant review process to award grants under the Healthy Schools Fund. – *Section 701(b)(8)*



| Q&A



| Thank you!