



DISTRICT OF COLUMBIA

OFFICE OF THE STATE SUPERINTENDENT OF

EDUCATION

**HANDOUT FOR THE HEALTHY YOUTH AND SCHOOLS COMMISSION
OCT. 18, 2017 MEETING**

Proposed Amendments to the Healthy Schools Act
[Healthy Students Amendment Act of 2017](#)

On June 6, 2017, Councilmembers Mary Cheh and Charles Allen introduced legislation to amend to the Healthy Schools Act. A hearing on the legislation is [scheduled](#) for Thursday, Nov. 16, 2017 at 11:00a.m. at the John A. Wilson Building, Hearing Room 412 (1350 Pennsylvania Ave. N.W.)

The Office of the State Superintendent of Education (OSSE) has carefully reviewed the [Healthy Students Amendment Act of 2017](#) (pending bill), as well as the [Universal Free Lunch for All Amendment Act of 2017](#) (pending bill) and the [Fiscal Year 2018 Budget Support Act of 2017](#) (enacted) and offers this document, highlighting significant changes and pending changes to the Healthy Schools Act.

[Section 101: Definitions](#)

- Add definitions for *alternative serving model, breakfast after the bell, breakfast in the classroom, Good Food Purchasing Program (GFPP), health education, physical activity, and physical education*. Amending the definition of *sustainable agriculture*. –Section 101(1-10)
- *Note: The FY2018 Budget Support Act of 2017 amended this section to add a definition for formula grant process.* –Section 101(1)

[Section 102: Establishment of the Healthy Schools Fund](#)

- Remove \$.10 per-meal reimbursement for lunch and add \$.10 per-meal reimbursement for breakfast meals that meet HSA requirements (totaling \$.20 per-meal reimbursement for breakfast and \$.00 per-meal reimbursement for lunch). – Section 102(c)(1)
- Remove \$7 one-time per-student subsidy for schools offering breakfast in the classroom, add \$2 annual per-student subsidy for schools offering breakfast in the classroom with 40 percent or more of students qualifying for free and reduced-price meals. –Section 102(c)(4)
- *Note: The FY2018 Budget Support Act of 2017 amended this section to make grants available through a competitive process or a formula process and added \$400,000 one-time funds to be used in FY18 for nutrition education grants and cafeteria grants (kitchen equipment and training sessions for cafeteria workers on cooking skills and nutrition).* –Sections 102(c)(9-10) and 102(f)(2)

Section 201: General Goals and Standards

- Amend to say schools shall serve vegetarian options each week. –Section 201(a)
- Amend to say schools are strongly encouraged to procure food in a manner consistent with the Good Food Purchasing Program. –Section 201(b)

Section 202: Nutrition Standards for School Meals

- Amend to say beginning in school year 2017-18, sodium levels must be less than 485 milligrams for grades K-5 breakfast, 535 milligrams for grades 6-8 breakfast, and 570 milligrams for grades 9-12 breakfast. Less than 935 milligrams for grades K-5 lunch, 1,035 milligrams for grades 6-8 lunch, and 1,080 milligrams for grades 9-12 lunch. –Section 202(b)(1)
- Amend to say beginning in school year 2022-23, sodium levels must be less than 430 milligrams for grades K-5 breakfast, 470 milligrams for grades 6-8 breakfast, and 500 milligrams for grades 9-12 breakfast. Less than 640 milligrams for grades K-5 lunch, 710 milligrams for grades 6-8 lunch, and 740 milligrams for grades 9-12 lunch. –Section 202(b)(1)
- Add requirement that milk shall not contain added sweeteners or artificial flavors. –Section 202(1A)(A)
- Add requirement that grain products shall be 100% whole grain-rich. –Section 202(1A)(B)(i)

Section 203: Additional Requirements for Public School Meals

- *Note: the Universal Free Lunch for All Amendment Act of 2017 proposes free lunch for all students. –Section 203(a-1)*
- Add requirement that all schools with 40 percent of students who qualify for free and reduced price meal shall offer breakfast after the bell and maintain that elementary schools shall offer breakfast in the classroom, and middle and high schools shall offer breakfast alternative serving models (excluding schools with 75 percent or more breakfast participation rate). –Section 203(2)(A-C)
- Add requirement that OSSE shall grant a waiver to a school required to serve breakfast in the classroom for one semester of one school year if the school submits a written action plan to OSSE showing a strategy to pilot an alternate serving model that will enable the school to reach 75 percent breakfast participation. –Section 203(3)

[Section 204: Central Kitchen](#)

- Add requirement that by May 1, 2018, OSSE shall submit a report to the Mayor and Council describing best practices for developing a central kitchen facility in the District and based on these findings the mayor's office shall establish the central kitchen facility within three years. –Section 204(a-d)

[Section 205: Public Disclosure](#)

- Add requirement that food service providers shall provide the name of the farm of origin or location where fruits and vegetables, milk and dairy, meat and poultry, seafood, and grains served in schools are grown and processed and whether the growers are engaged in sustainable agriculture practices. –Section 205(a)(4)

[Section 208: DC Free Summer Meals Program Study \(New Section\)](#)

- Add requirement that OSSE and DPR shall submit a joint study to the Mayor and Council on strategies to increase participation in the DC Free Summer Meals Program by Jan. 1, 2018. –Section 208

[Section 301b: Good Food Purchasing Program \(New Section\)](#)

- Add requirement that before Dec. 31, 2017, DCPS shall conduct a GFPP baseline assessment to determine how it can better meet the GFPP core values. Before Dec. 31, 2019, DCPS shall use findings from assessment to increase food procurement consistent with the GFPP and complete a follow up assessment to demonstrate progress towards GFPP core values. –Section 301b(a-b)

[Section 401: Physical Activity Goals](#)

- Add before-school and after-school activities, shared use agreements, and physical activity as a reward for students to the list of ways schools can maximize physical activity. –Section 401(c)(1-8)

[Section 402: Physical and Health Education Requirements](#)

- Amend to say schools shall schedule physical education classes for all students on a weekly basis throughout the full school year as follows: goal of 150 physical education minutes per week for grades K-5 and 225 physical education minutes per week for grades 6-8. Schools that provide less than 100 physical education minutes per week in grades K-5 and less than 150 minutes per week in grades 6-8 for more than one full week shall submit an action plan to OSSE before the beginning of the next school year detailing efforts to increase physical education. –Section 402(a)(1-2)

- Amend to say at least 50 percent of physical education class time shall be devoted to moderate-to-vigorous physical activity. –Section (402)(a)(3)

Section 402b: Physical Activity Requirements for Pre-K3 and Pre-K4 (New Section)

- Add requirement that schools shall provide 60 minutes of moderate-to-vigorous physical activity per day for pre-K3 and pre-K4, goal of 90 minutes of physical activity, and provide at least two 20-minute sessions of outdoor physical activity per day, weather and space permitting. –Section 402b(1-3)

Section 601: Local Wellness Policies

- Add that OSSE has the authority to deem a school ineligible for Healthy Schools Act grants if the school has a local wellness policy that does not conform to the standards or is found not to comply with its local wellness policy. –Section 601(d)

Section 701: Establishment of the Healthy Youth and Schools Commission

- Add that on a rotating basis, one commissioner shall participate in OSSE’s grant review process to award grants under the Healthy Schools Fund. –Section 701(b)(8)