



Healthy Youth and Schools Commission

September Quarterly Meeting

Quarterly Commission Meeting
Sept. 11, 2019

Jeff Travers
Chairman of the Commission



Welcome



Agenda

- **Welcome and Introductions**
- **Recap of the Previous Commission Meeting**
 - Approval of Minutes
- **Legislative Update**
 - Fiscal Year 2020 Local Budget Act of 2019
 - Fiscal Year 2020 Budget Support Act of 2019
- **Update from OSSE**
 - General Announcements
 - Early Learning Standards
- **DC School Breakfast Scorecard**
- **DC Green School Program**
- **Updates from Strategic Plan Working Groups**
- **Comments from Commissioners on Current Work**
- **Closeout and Priorities for Next Meeting**



Recap Previous Commission Meeting

Jeff Travers, Chairman

Healthy Youth and Schools Commission



Recap Previous Commission Meeting

- May Quarterly Meeting
 - Date: Wednesday, May 22, 2019
 - Main topics covered:
 - DC Green School Program
 - Healthy Youth and Schools Commission Strategic Plan
 - Approval of minutes



Legislative Update

Caitlin Shauck, Policy Analyst

Office of the State Superintendent of Education



Legislative Update

Fiscal Year 2020 Local Budget Act of 2019

- Signed by Mayor on July 15, 2019

Fiscal Year 2020 Budget Support Act of 2019

- Signed by Mayor on July 22, 2019
- Provide funding for the Healthy Students Amendment Act of 2018 and the School Safety Omnibus Amendment Act of 2018



Update from OSSE

Heidi Schumacher, Assistant Superintendent

Office of the State Superintendent of Education

**Tia Marie Brumsted, Deputy Assistant
Superintendent**

Office of the State Superintendent of Education



Update from OSSE

- General Announcements
- Early Learning Standards



Early Learning Standards Update

OSSE Division of Early Learning (DEL) is making updates to the Early Learning Standards

The Division of Health and Wellness collaborated with DEL and recommended updates to Physical Development, Health and Safety which include standards, indicators, examples and supportive practices for:

- Behaviors that promote health and safety
- Competent eating behavior

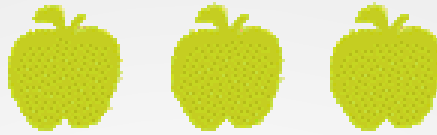
Next steps are to finalize the rollout plan.



DC School Breakfast Scorecard

Beverley Wheeler, Director

DC Hunger Solutions



D.C. Hunger Solutions

Ending hunger in the nation's capital

The District of Columbia's School Breakfast Scorecard for School Year 2017-2018

Wednesday, September 11, 2019

Beverley R. Wheeler, Ed.D.
Director
D.C. Hunger Solutions

Breakfast Scorecard Purpose

- Help local LEAs, school administrators, principals and teachers identify opportunities to connect low-income students with breakfast
- Analyze the School Breakfast reach during the SY17-18 among 61 of the 66 LEAs in DC
- Compare lunch participation of low-income students who are eligible for free & reduced meals to breakfast participation
- The goal is 70 FRE students eating breakfast for every 100 FRE students eating lunch

Breakfast Scorecard Findings

- Participation varied significantly across LEAs.
- The top five LEAs in the District reached 99 or more low income children with school breakfast for every 100 who participated in school lunch.
- Three LEAs had higher breakfast participation among low income children than school lunch participation.
- Twenty-three LEAs failed to serve school breakfast to even half of the low-income students who participated in school lunch
- The size of the LEA was not a predictor of school breakfast participation

Breakfast Participation in the Top Ten LEAs

• Bridges Public Charter School	115.2
• Eagle Academy Public Charter School	107.0
• Sustainable Futures Public Charter School	102.3
• The Children's Guild Public Charter School	99.4
• Mary McLeod Bethune Public Charter School	99.1
• Perry Prep Public Charter School	97.5
• Democracy Prep Public Charter School	96.9
• Breakthrough Montessori Public Charter School	95.9
• Monument Academy Public Charter School	92.0
• Roots Public Charter School	91.2

Additional Federal Funding

- If every LEA had met the 70 students per 100 students goal in the 2017-2018 school year there would have been additional funding and additional students fed

LEA	Additional Funding	Additional Students Served
• D.C. Public Schools	\$193,442	615
• Public Charter Schools	\$469,650	1506
• Total	\$663,092	2121

Spotlight: D.C. Public Schools

- Higher standard of success was set for DCPS
 - Goal of 70 FRE students participating in school breakfast for every 100 FRE students *enrolled**
- 71% of DCPS students are FRE
- Analyzed 113 DCPS schools (elementary, middle, high, education campus)

differs from LEA report (70 FRE participating in breakfast for every 100 participating in **lunch)*

Breakfast Participation in the Top Ten DCPS Schools

• Tyler Elementary School	87.7%
• Smother Elementary School	86.9%
• Beers Elementary School	86.5%
• Patterson Elementary School	86.0%
• Garfield Elementary School	83.9%
• Thomas Elementary School	83.0%
• Drew Elementary School	82.4%
• Savoy Elementary School	82.3%
• Turner Elementary School	82.1%
• Kimball Elementary School	78.8%

Findings from DCPS Report

- Just 24 out of 113 (21%) DCPS schools met DCHS's 70% goal
- 49 schools (43%) did not reach even 1/3 of FRE with school breakfast
- Participation varies widely across age groups
 - 22 elementary schools met goal
 - Zero middle or high schools met goal

Impact of Strengthening School Breakfast

- If every D.C. Public School had served school breakfast to 70% of the FRE students:

School Type	Additional Students Served
• Elementary Schools	1282
• Middle Schools	1222
• High Schools	4417
• Education Campuses	1346
• Overall D.C. Public Schools	8266

USDA Report on Breakfast

- NSLP participation rates were significantly higher in elementary schools and among boys, Hispanic and non-Hispanic Black students, students from lower income households, and the students who were certified for free or reduced-price meals. Similar differences in SBP participation were observed, but were more pronounced.
- Among students who did not participate in the SBP, more than 1 in 10 elementary and middle school students and more than 25 percent of high school students did not consume any type of breakfast.
- Participating students and their parents were generally satisfied with school meals, with opinions about school breakfast somewhat more positive.



Recommendations

- Increase accountability for schools required to offer Breakfast After the Bell
- Breakfast After the Bell time should count as instructional time
- Ensure timely and smooth implementation of additional Breakfast in the Classroom and alternative service model funding (secured in FY20 budget via Healthy Students Amendment Act)



D.C. Hunger Solutions

Ending hunger in the nation's capital

Thank you!

Thank you for the opportunity to discuss
D.C. Hunger Solutions'
School Breakfast Scorecard for SY 2017-2018.



DC Green School Program

Healthy, Green, Sustainable Schools Stakeholder
Group

DESIGNING A RECOGNITION PROGRAM FOR HEALTHY, GREEN, & SUSTAINABLE SCHOOLS

FY20 Field Test Program Recommendations from the
DC Green Schools Stakeholder Group



PROGRAM COMPONENTS

Recognition for healthy, green, sustainable school efforts



STAKEHOLDER GROUP RECOMMENDATIONS



Decision on whether to recommend the establishment of recognition program

- At the meeting in May, most commissioners seemed on board to establish a pilot program.

STAKEHOLDER GROUP RECOMMENDATIONS



Decision on whether to recommend the establishment of recognition program



Suggestion of an entity to complete program development and begin implementation

- Superintendent Kang supports OSSE conducting a field test/pilot program.

STAKEHOLDER GROUP RECOMMENDATIONS



Decision on whether to recommend the establishment of recognition program



Suggestion of an entity to complete program development and begin implementation



Suggest a yearly reporting requirement to the Healthy Youth and Schools Commission

- OSSE will submit a status report on the pilot at the September 2020 commission meeting



Healthy Youth and Schools Commission Strategic Plan

Jeff Travers, Chairman

Healthy Youth and Schools Commission



Nutrition Education Working Group

Kristy McCarron, Commissioner

Healthy Youth and Schools Commission



Nutrition Education Working Group

By Dec. 31, 2021, the Healthy Youth and Schools Commission will advise District government and partner organizations on the status of nutrition education in District schools and strategies for sustaining or improving these programs.

Action Step 1: By Dec. 31, 2019, the Healthy Youth and Schools Commission will **research national best practices and review existing reports** on the state of nutrition education in the District.

- Review report from the Nutrition Educators Summit in July 2019

Action Step 2: By Dec. 31, 2020, the Healthy Youth and Schools Commission will **engage with stakeholders** to form an understanding of current nutrition education programs in schools in the District.

- Engage with the Food Policy Council's nutrition education subcommittee

Action Step 3: By Dec. 31, 2021, the Healthy Youth and Schools Commission **will make recommendations** to District government and partner organizations to improve or sustain the nutrition education that students receive in schools.



Top 5 Barriers of Nutrition Education in DC

- Lack of a common agenda and goals for nutrition education programs
- Finding funding is difficult and/or irregular
- There is a lack of collaboration among nutrition education programs
- Evaluation and tracking behavior change is intensive and difficult for most nonprofits
- Buy-in and prioritization from school administration is difficult



Nutrition Educators Summit FPC + HYSC Workshop:

Identifying areas of change for common barriers

Common Challenge	Action Item
There is a lack of a common agenda and goals for nutrition education programs in DC	DC FPC will set citywide guidelines to ensure a common set of goals/objectives/competencies for DC residents by January 2021.
	DC Health will create a common nutrition goal to ensure a common agenda for citywide programming to work towards within 5 years.
Finding funding is difficult and/or irregular	DC FPC will advocate and prioritize the presence of nutrition working groups to ensure consistent funding availability by next budget hearings
There is a lack of collaboration among nutrition education programs	DC FPC Nutrition Ed working group will take over Bainum Food Learning locator, create newsletter, and lead the next summit to ensure there is increased communication by end of summer 2020.
	DC FPC Nutrition Ed working group will utilize the data collected from all organizations to create targeted groups of organizations doing similar work with similar populations to ensure representatives from each group are at the table and have the opportunity to work together
Evaluation and tracking behavior change is intensive and difficult for most non-profits	Nutrition educators will collaborate, communicate and redesign intervention interviews to ensure increases in the number of follow-ups by creating quarterly schedules to meet and track progress
	DC FPC Nutrition Ed working group will convene and advocate for funding to ensure there is an increase in access and knowledge of tools that are unified, validated and used cooperatively by end of year 2021.
Buy-in and prioritization from school administration is difficult	Parents, educators, students and business leaders will engage with policy makers to ensure policy changes are made focused on nutrition education in schools by the end of 2020.



2020 Nutrition Education Goals of FPC and HYSC

- Establish collective outcomes for nutrition education programs in DC for kids, adults and seniors
- Establish a Nutrition Education Listserv/Resource Group
- Support a Collective Education Day

Nutrition Educator Summit

July 22-23, 2019



#DCNutritionEd

The planning committee:



Sponsored by:



In collaboration with:



Pre-work survey

44 responses from 39 organizations

The survey addressed:

- Types of education provided (cooking, nutrition, demos, etc)
- Curricula used
- Goals and objectives of programs (behaviour change, nutritional knowledge)
- Where and when do you teach?
- Evaluation tools and methods
- Common challenges
- Goals for summit



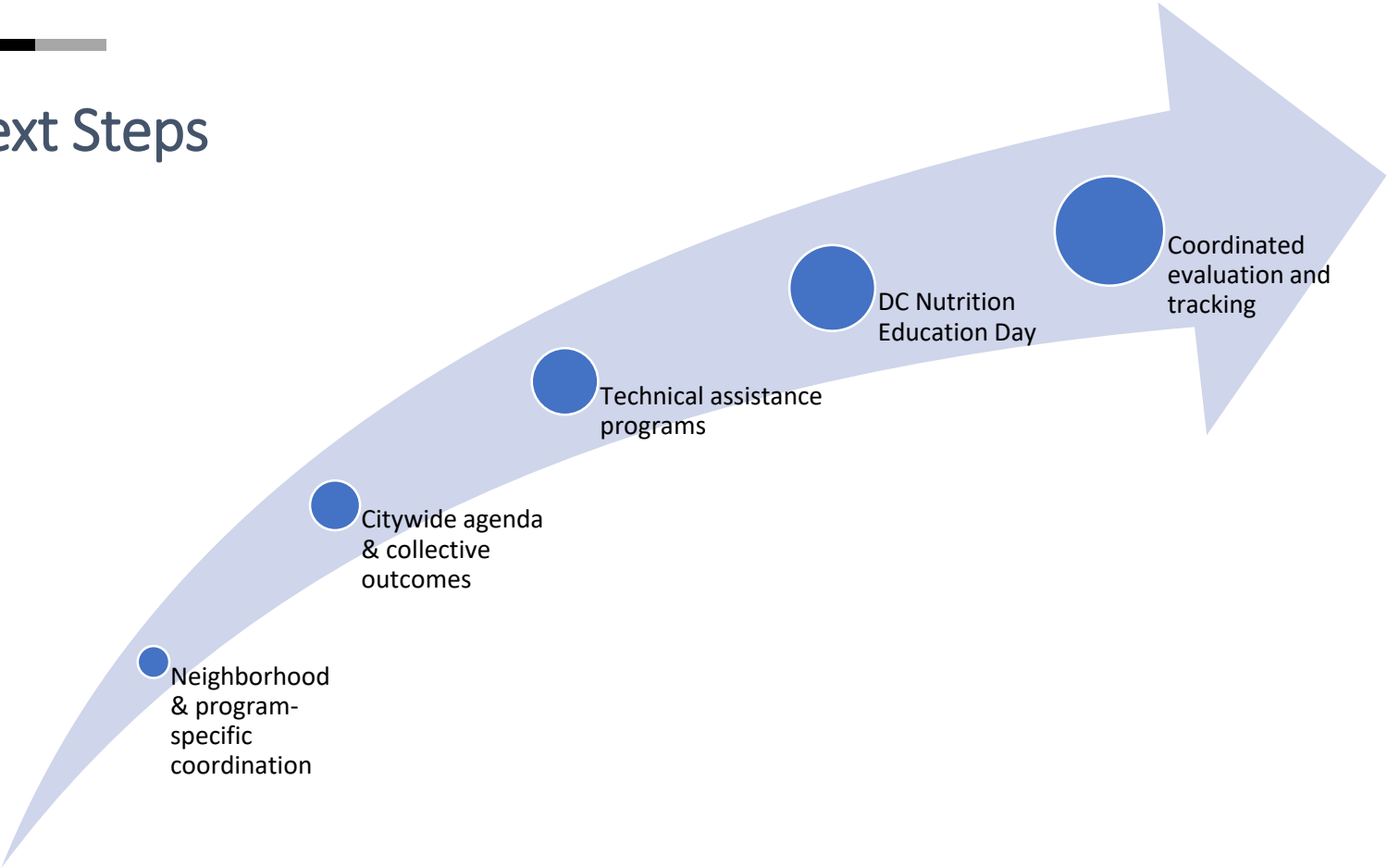
Summit Themes

- Program evaluation & defining collective outcomes as a city
- Relationship building
- Intersection of nutrition education with gardening, food literacy, cooking, etc.
- Planning a DC Collective Education Day
- Developing strategies for continued collaboration
- Networking





Next Steps



Thank you!

Laura Belazis, LBelazis@dccentralkitchen.org
Kristy McCarron, Kristy.McCarron@ymcadc.org





Meals Working Group

Healthy Youth and Schools Commission



Data Working Group

William Dietz, Commissioner

Healthy Youth and Schools Commission



ACEs Working Group

Healthy Youth and Schools Commission



Commissioners' Current Work

Commissioners

Healthy Youth and Schools Commission



Closeout and Priorities for Next Meeting

Jeff Travers, Chairman

Healthy Youth and Schools Commission