

# 2016 Commission on Aging Retreat

Working with DCOA in Seeking the Best Model for Senior Services

July 20, 2016

## **D.C. COMMISSION ON AGING'S MISSION**

The District of Columbia Commission on Aging is committed to working with the Office on Aging and in that capacity serves in an advisory role to the Director, Mayor and Council of the District of Columbia. This enhances the delivery of service and provides the best possible resources to support quality of living conditions for senior adults. We will strive to make a difference in the lives of our seniors and to meet their various needs.

### **RETREAT GOALS**

The goal of this retreat is to provide an opportunity for participants to review and make recommendations on program operations that will enhance the quality of service delivery for residents age 60 & older and people with disabilities.

### **RETREAT OBJECTIVES**

- ✦ To review the current program structure for knowledge and understanding
- ✦ To discuss and consider alternatives for the best model for current and future services to the elderly and handicap
- ✦ To provide recommendations for consideration by DCOA

**D.C. Commission on Aging Retreat**  
**Wednesday, July 20, 2016**  
**8:30 a.m. – 4:30 p.m.**  
**Presiding – Romaine B. Thomas, Chair, Commission on Aging**

**AGENDA**

8:30 a.m. – 9:00 a.m.

***BREAKFAST***

9:00 a.m. – 9:10 a.m.

Opening & Introductions

Chairperson Romaine B. Thomas  
Commissioner, Ward 5

9:10 a.m. – 9:40 a.m.

Greetings & Remarks

Laura Newland  
Executive Director, D.C. Office on Aging

Brenda Donald  
Deputy Mayor, Health & Human Services

Honorable Brandon Todd  
Ward 4 Councilmember

Honorable LaRuby May  
Ward 8 Councilmember

Tania Jackson  
Chief of Staff, Councilmember Nadeau

9:40 a.m. – 10:10 a.m.

Ethics Training

Ashley Cooks  
Board of Ethics and Government  
Accountability

10:10 a.m. – 10:25 a.m.

***BREAK***

10:25 a.m. – 10:45 a.m.

Overview of Afternoon  
Activities

Chairperson Romaine B. Thomas

10:45 a.m. – 11:15 a.m.

Service Provider Input

Sally White  
Senior Advisory Coalition

11:15 a.m. – 11:30 p.m.

Current Structure for Contracts  
& Grants

Aurora Delespin-Jones  
Program Manager, D.C. Office on Aging

11:30 a.m. – 12:15 p.m.

***LUNCH***

12:15 p.m. – 12:45 p.m.

Discussion of Options

Laura Newland

12:45 p.m. – 2:30 p.m.

***BREAKOUT SESSIONS***

2:30 p.m. – 2:40 p.m.

***BREAK***

2:40 p.m. – 3:10 p.m.

Group Presentations

Breakout Session Facilitators

3:10 p.m. – 4:10 p.m.

Deliberation

Commissioners

4:10 p.m. – 4:30 p.m.

Closing Remarks

Laura Newland

Chairperson Romaine B. Thomas

## BREAKOUT SESSION

Currently, DCOA has a Lead Agency in each ward that coordinates services for that ward. DCOA also has six senior wellness centers in all wards except Wards 2 and 3, which are operated by different providers. In an effort to better coordinate services and improve service delivery, the agency is considering a different grant structure.

### Options

#### ☼ Option 1

☰ ***One provider for all six senior wellness centers?*** DCOA can combine all six senior wellness center grants into one grant that would oversee all six senior wellness facilities owned by the District.

#### ☼ Option 2

☰ ***Lead Agency model?*** DCOA can combine all services and programs in each ward, including senior wellness centers and other wellness programs, under one grant, which would be operated by a lead agency in each ward.

#### ☼ Option 3

☰ ***Case management provider model?*** Currently, DCOA provides case management as part of its lead agency grants. DCOA could provide case management under a city-wide contract (or contracts), which could increase efficiencies.

### Questions to Consider During the Breakout Session

- ☼ What are the advantages and disadvantages to each option (e.g. duplication across services)?
- ☼ What would be the impact on services for clients?
- ☼ What would be the impact on clients?
- ☼ What would be the impact for the provider?
- ☼ Will DCOA's mission be accomplished?





